

Case Report

Urinary Tract infection during pregnancy.

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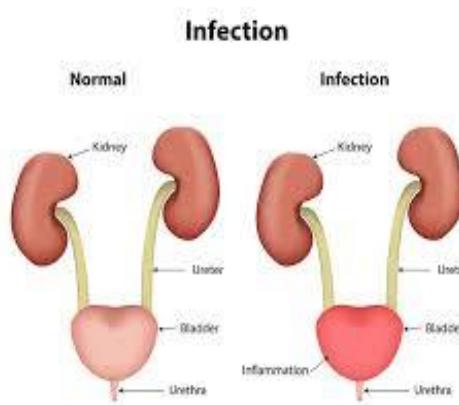
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Introduction

During pregnancy, many changes occur in your body that increase your risk of developing a UTI, including changes to the make-up of your urine and immune system. As your baby grows, there is also an increase in the pressure on your bladder, which can reduce the flow of your urine and lead to an infection.

UTIs can affect women whether they are pregnant or not. However, pregnant women are more likely to develop repeated or more severe infections. Up to 1 in 10 pregnant women will have a UTI but not have any symptoms at all.



Case scenario:

A 30 years old G2P1, at 20 week gestation visited Gynea OPD with complaints of burning micturition,

frequency of micturition, urgency of micturition and lower abdominal pain for last one week.

She is not diabetic or hypertensive.
 No pain in loins.
 She developed such symptoms first time during this pregnancy
 Her vitals were normal.
 On abdominal exams:
 Soft abdomen, supra public tenderness
 On speculum exam:
 Cervix, normal looking, local redness of vulva

Investigation:

Urine complete examination:
 Color: pale
 10 to 15 pus cells
 Glucose: nil
 Protein: nil
 And others, normal.

Treatment:

To drink plenty of water
 Tab nitrofurantoin 100mg, twice a day for 5day
 Citric soda sachet
 Advised, follow up after one week