

## Editorial

Ever since the dawn of civilization, humans have been inclined towards knowledge and the quest to seek the truths that govern the way our world, our societies and our very own bodies organize, coordinate and work. This journey that we have embarked on this ever changing world wouldn't be possible without research, its findings and its proper documentation. Medicine and medical education especially wouldn't be anywhere near as advanced as it is now if it weren't for the works of great thinkers and researchers of the past and present. I believe it is now up to us, the medical educators, practitioners and students to continue this expansion of knowledge and seek new and innovative ways to understand medicine through research and documentation.

The publishing of JPAFP was a historical moment for Academy of Family Physicians Pakistan, as it was the first step towards a greater goal for medical education.

The research that occurs in a particular community is directly proportional to the quality of medical care that it will receive. This is due to the fact that research provides us the demographics related to the needs of the target community. In this way, JPAFP serves as a beacon to all medical professionals to conduct research and ask questions.

In my leadership and with the collective efforts of the entire editorial board, we have successfully not only encouraged research, but established a platform on which the findings can be displayed.

I am sure it will take more time for this journal to really make its mark on the health sector, but all good things come to those who wait and those who persevere through adversity. I would like to acknowledge the support of my colleagues for his tireless efforts and utmost support in this endeavor. But of course, the most important roles belong to the authors and editors of today and tomorrow to keep this journal growing and flourishing, for there is no journal without them.

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