

Editorial Article**Hypertensive Nephropathy****Naheed Nadeem***Association of Family Physician of Pakistan***ABSTRACT**

Introduction: The objectives of the present research work are to study the biochemical parameters and levels of protein biomarkers affecting to hypertensive diabetic nephropathy in the Pakistani population. 100 hypertensive nephropathy diabetic patients and 50 age, sex-matched normal healthy controls were recruited from Sheikh Zayed Hospital, Lahore, Pakistan.

Methodology: Individuals were equally divided into three different groups, group 1 was control, group 2 was diabetic hypertensive without nephropathy and group 3 was diabetic hypertensive with nephropathy. Blood and 24hrs urine were collected and stored for further analysis. Biochemical parameters related to the hypertensive diabetic nephropathy and specific proteins markers were analysed by 2-D liquid chromatographic system followed by mass spectrometric standard referred protocols.

Results: The proteins which showed variation between test and control samples were identified by MALDI TOF TOF analysis. The biochemical data showed significantly higher in values of fasting blood sugar, diastolic and systolic blood pressure, total serum and urinary proteins in the diabetic groups with hypertensive nephropathy as compared to group 2od without nephropathy and control in group 1.

Conclusion: The levels of proteins act as biomarker like albumin is highly up-regulated in diabetic hypertensive with nephropathy group as compared to normal and without nephropathy patients in the Pakistani population.

Key words: biomarker, hypersensitivity, patient, Diabetes, biochemical's

How to cite this:

Nadeem N, HYPERTENSIVE NEPHROPATHY. J AcadFamIPhys Issue 1, volume 12(1),Pak. 2019. Page 2-13.

Corresponding author:NaheedNadeem

Email: naheed@jpafp.org

INTRODUCTION

Diabetes mellitus is projected to become one of the world's main disablers and killers within the next twenty-five years. Pakistan will become 4th in number in increasing the diabetes worldwide. Without primary prevention, the diabetes epidemic will continue to grow. As the number of people with diabetic hypertensive nephropathy grow world wide, the disease takes an ever-increasing proportion of national health care budgets. Glomerular and tubular damage resulting

from diabetes occur over several years, and it is possible that the excretions of glomerular and tubular proteins antedate the development of macro-albuminuria and perhaps even the development of microalbuminuria and ultimately kidney failure. The advent of novel, highly sensitive technologies such as proteomic profiling may identify urinary proteins associated with development of diabetic nephropathy well before any clinically identifiable alteration in kidney function or urine albumin excretion occur. Therefore to test this hypothesis, goals of present research work conduct a urinary proteomic analysis for determination and characterization of protein markers in the local population of Pakistan. This will certainly contribute in early detection and perhaps a possible treatment of this complication in hypertensive diabetic nephropathy and kidney failure.

EXPERIMENTAL

The hypertensive nephropathic diabetic patients and same age, sex-matched normal healthy controls were recruited from Sheikh Zayed Hospital, Lahore, Pakistan. Individuals were equally divided into three

different groups, group A was control, group B was diabetic hypertensive with nephropathy and group C was diabetic hypertensive without nephropathy. Biochemical parameters related to the hypertensive diabetic nephropathy and specific proteins markers were analysed by 2-D liquid chromatographic system followed by mass spectrometric standard referred protocols. Total proteins and Albumin excretion rate was estimated by plotting the standard curve shows in Fig. 1a and b. The biochemical data showed significantly elevated levels of the fasting blood sugar, diastolic and systolic blood pressure, total serum proteins, total urinary proteins and albumin excretion rate in the diabetic group 3 with hypertensive nephropathy as shown in Fig. 2 and Table 1. The other groups control (group. 1) and group 2 showed the non significant results in the albumin excretion rate and blood pressure as shows in Fig. 2 and Table 1.

PROTEIN PROFILING

SDS-PAGE and 2D Liquid Chromatography analysis: Figure 3a. shows the Protein profiling of human urine analysis by SDS-PAGE analysis in which albumin is more present in hypertensive patients as compared to normal in the commassie staining. The albumin is major abundant protein present or observed in the patients urines samples of hypertensive nephropathy and less was observed in the normal control and without nephropathy diabetic patients. Figure 3 b. shows the 2D liquid chromatographic analysis and comparison of the control urine sample with diabetic sample and shows the elevated levels of some proteins in diabetic sample and not much expressed in normal one. Identification and purification was done by

chromatofocusing followed by reverse phase analysis and proteins are separated subjected to further analysis.

ProteoVue and Delta Vue analysis: The ProteoVue software imports the data from the 2D liquid chromatography and give the pI map of the all proteins separated into various fractions in the Fig 4a. DeltaVue software compares the both ProteoVue maps of control as in red colour and diabetic as in green colour shows in the Fig 4 b. The prominent peak shows the presence of human albumin in the pI range of 6.38-6.68.

MASS SPECTROMETRIC ANALYSIS

Mass Spectrometric (MALDI TOF TOF) analysis: The fraction selected from the 2 D analysis was purified and subjected to further mass spectrometric analysis as shown in Fig. 5a. The intact mass if the human albumin which was identified by MALDI TOF TOF is shown in Fig 5 b. While the tryptic digest of the human albumin protein was confirmed by the MASCOT analysis as shown in the Fig. 5c.

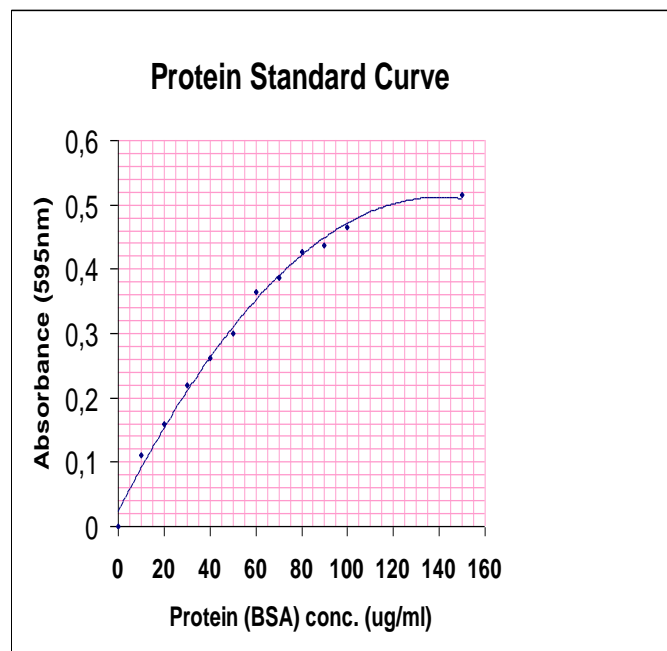
CONCLUSION

It may be concluded by the above research works as the prevalence of diabetic hypertensive nephropathy is much more common as compared to without nephropathy in diabetic local population of Pakistan. Albumin act as protein biomarker for this disease and the albumin excretion arte and level of albumin is significantly higher in these patients as compared to normal and without nephropathy diabetic individuals. So there is need to do more research work in this field and to control the hypertensive nephropathy in the diabetes and prevent the kidney failure.

Acknowledgement: This research work is funded by the University of the Punjab, Lahore and Higher education commission (HJEC), Islamabad.

Table 3.1 Comparison of physical and biochemical parameters of control with that of diabetic hypertensive nephropathy patients.

Categories	FBS (mg/dl)	Uric Acid	BUN	Serum Creat	Urine Creat	Alb Exc Rate (mg/24hr s urine)	GFR	Total urine volume (liter)	Total proteins mg/ml	Blood pressure	
										Diastolic mm/Hg	Systolic mm/Hg
Group no. 1	93.7±2.74	14.58±1.2	10.2±0.65	0.79±0.05	49.635±1.96	9.40635±4.96	118.505±16.96	2.711±0.96	53.6±1.96	110±41.96	75±1.96
Group no. 2	179.7692**±18.53	4.938*±1.9	13±0.67	0.8846±0.06	42.5923±1.92	9.40635±4.96	105.908±15.96	1.157.5*±0.96	93.4**±1.95	125±42.96	79±1.96
Group no. 3	193.9**±22.51	4.0*±1.95	13±0.61	0.875±0.065	42.175±1.92	55.8985*±21.96	95.2515±12.96	1.11*±0.96	148.45*±1.98	*147.7±41.96	*96.5±1.96



Data are means \pm SD. *= $p>0.05$ (statistically non significant), **= $p<0.01$ (statistically significant), ***= $p<0.001$

(statistically highly significant) comparison of control with diabetic baseline. Group 1 is control, group 2, is without nephropathy diabetic hypertensive and group 3 is with hypertensive nephropathy diabetic individuals.

References:

1. Report of the Expert Committee on the Diagnosis and classification of Diabetes Mellitus.
2. DeFronzo, R.A. The triumvirate : beta cell, muscle, liver: G collusion responsible for NIDDM. *Diabetes* 1992; 37:667-87
3. Jawaid SA. Proceedings of an advance course in management of diabetes. *P J M Sci* 2002:1855-60
4. Launch of "Diabetes action Now" 5May 2004Igeneva.
5. King H, Rewers M: Global estimates for prevalence of diabetes mellitus and impair glucose tolerance in adults: WHO Ad Hoc Diabetes Report Group. *Diabetes Care* 16:157-177, 1993
6. World Health Organization: Diabetes Mellitus: Report of a WHO Study Group. Geneva, World Health Org., 1985 (Tech Rep Ser, no. 727)
7. Atkinson MA, Maclaren NK: The pathogenesis of insulin dependent diabetes. *N Engl J Med* 331:1428-1436,1994
8. Baekkeskov S, Neilsen JH, Marner B, Bilde T, Ludvigsson J, Lernmark A: Autoantibodies in newly diagnosed diabetic children with immunoprecipitate human pancreatic islet cell proteins. *Nature* 298: 167-169, 1982
9. Atkinson MA, Maclaren NK, Riley WJ, Winter WE, Fisk DD, Spillar RP: Are insulin autoantibodies markers for insulin-dependent mellitus? *Diabetes* 35: 894-898, 1986
10. Kaufman D, Erlander M, Clare-Salzler M, Atkinson M, Maclaren N, Tobin A: Autoimmunity to two forms of glutamate decarboxylase in insulin-dependent mellitus. *J Clin Invest* 89:283-292,1992
11. Christie MR, Tun RY, LoSSS, Cassidy D, Brown TJ, Hollands J, Shattock M, Bottazzo GF, Leslie RDG: Antibodies to GAD and tryptic fragments of islet 64K antigen as distinct markers for development of IDDM: studies with identical twins. *Diabetes* 41:782-787, 1992
12. Schott M, Schatz D, Atkinson M, Krischer J, Mehta H, Vold B, Maclaren N: GAD65 autoantibodies increase the predictability but not the sensitivity of islet cell and insulin autoantibodies for developing insulin dependent diabetes mellitus. *J Autoimmunity* 7:865-872, 1994

13. Schmidli RS, Colman PG, Harrison LC: Do glutamic acid decarboxylase antibodies improve the prediction of IDDM in first-degree relatives t risk for IDDM? *J Autoimmunity* 7:873-879, 1994
14. Myers MA, Rabin DU, Rowley MJ: Pancreatic islet cell cytoplasmic antibody in diabetes is represented by antibodies to islet cell antigen 512 and glutamic acid decarboxylase. *Diabetes* 44:1290-1295, 1995
15. Lan MS, Wasserfall C, Maclaren NK, Notkins AL: 1A-2, a transmembrane protein of the protein tyrosine phosphatase family, is a major autoantigen in insulindependent diabetes mellitus. *ProcNatlAcadSci USA* 93:6367-6370,1996
16. Lu J, Li Q, Xie H, Chen Z, Borovitskaya AE, Maclaren NK, Notkins AL, Lan MS: identification of a second transmembrane protein tyrosine phosphatase, 1A-2 β , as an autoantigen in insulin-dependent diabetes mellitus: precursor of the 37-KDa tryptic fragment. *ProcNatlAcadSci USA* 93: 2307-2311, 1996
17. CantorAB, Krischer JP, Cuthbertson DD, Schatz DA, Riley WJ, Malone J, Schwartz S, Quattrin T, Maclaren NK: Age and family relationship accentuate the risk of IDDM in relatives of patients with insulin dependent diabetes. *J ClinEndocrinolMetab* 80:3739-3743, 1995
18. Huang W, Connor E, DelaRosa T, Muir A, Schatz D, Silverstein J, Crockett S, She JX, Maclaren NK: Although DR3-DQBI* may be associated with multiple component diseases of the autoimmune polyglandular syndrome, the human leukocyte antigen DR4-DQB110302 haplotype is implicated only in beta cell autoimmunity. *J ClinEndocrinolMetab* 81:1-5,1996
19. Banerji M, Lebovitz H: Insulin sensitive and insulin resistant variants in IDDM. *Diabetes* 38:784-792,1989
20. Reaven GM, Bernstein R, Davis B, Olefsky JM: Nonketotic diabetes mellitus: insulin deficiency or insulin resistnce? *Am J Med* 60:80-88,1976
21. Olesfsky JM, Kolterman OG, Scarlett, JA: Insulin action and resistance in obesity and noninsulin-dependent tye 2 diabetes mellitus. *Am J Physiol* 243:E15-E30,1982
22. DeFronzo R, Deibert D, Hendler R, Felig P: Insulin sensitivity and insulin binding to monocytes in maturity-onset diabetes. *J Clin Invest* 63:939-946, 1979
23. Turner RC, Holman, RR, Matthews D, Hockaday TDR, Peto J: Insulin deficiency and insulin resistance interaction in diabetes: estimation of their relative contribution by feedback analysis from basal plasma

- insulin and glucose concentrations. *Metabolism* 28:1086-1096, 1979
24. Kolterman OG, Gray RS, Griffin J, Burstein P, Insel J, Scarlett JA, Olesfsky JM: Receptor and postreceptor defects contribute to the insulin resistance in non-insulin-dependent diabetes mellitus. *J Clin Invest* 68:957-969, 1981
 25. Bogardus C, Lillioja S, Mott DM, Hollenbeck C, Reaven G: Relationship between degree of obesity and in vivo insulin action in man. *Am J Physiol* 248:E286-E291, 1985
 26. Butkiewicz EK, Leibson C, O'Brien PC, Palumbo PJ, Rizza RA: Insulin therapy for diabetic ketoacidosis. *Diabetes Care* 18:1187-1190, 1995
 27. Banerji MA, Chaiken RL, Huey H, Tuomi T, Norin AJ, Mackay IR, Rowley MJ, Zimmet P, Lebovitz H: GAD antibody negative NIDDM in adults black subjects with diabetic ketoacidosis and increased frequency of human leukocyte antigen DR3 and DR4. *Diabetes* 43:741-745, 1994
 28. Umpierrez GE, Casals MMC, Gebhart SSP, Mizon PS, Clark WS, Phillips LS: Diabetic ketocidosis in obese African- American. *Diabetes* 44:79-85, 1995
 29. Newman B, Selby JV, Slemenda C, Fabsitz R, Friedman GD: Concordance for type 2 (non-insulin-dependent) diabetes mellitus in male twins. *Diabetologia* 30: 763-738, 1987
 30. Barnett AH, Eff C, Leslie RDG, Pyke DA: Diabetes in identical twins. *Diabetologia* 20:87-93, 1981
 31. Herman WH, Fajans SS, Oritz FJ, Smith MJ, Sturis J, Bell GI, PolonskyKS, Halter JB: Abnormal insulin secretion, not insulin resistance, is the genetic or primary defect of MODY in the RW pedigree. *Diabetes* 43:40-46, 1994
 32. Byrne MM, Sturis J, Menzel S, Yamagata K, Fajans SS, Drondfield MJ, BainSC, Hattersley AT, Velho G, Froguel P, Bell GI, PolonskyKS: Altered insulin secretory response to glucose in diabetic and nondiabetic subjects with mutations in the diabetes susceptibility gene MODY3 on chromosome 12. *Diabetes* 45:1503-1510, 1996
 33. Clement K, Pueyo ME, Vaxillaire M, Raketoambinina B, Thuillier F, Passa P, Froguel P, Roberts J, Velho G: Assessment of insulin sensitivity in glucokinase-deficient subjects. *Diabetologia* 39: 82-90, 1996
 34. Vaxillaire M, Boccio V, Philippi A, Vigouroux C, Terwilliger J, Passa P, Beckman JS, Velho G, Lathrop GM, Froguel P: A gene for maturity onset diabetes of the young (MODY) maps to chromosome 12q. *nature Genet* 9:418-423, 1995
 35. Yamagata K, Oda N, Kaisaki PJ, Menzel S, Furuta H, Vaxillaire M,

- Southarm L, Cox RD, Lathrop GM, Boriraj VV, Chen X, Cox NJ, Oda Y, Yano H, Le Beau MM, Yamada S, Nishigori H, Takeda J, Fajans SS, Hattersley AT, Iwasaki N, Hansen T, Pedersen O, Polonsky KS, Bell GI: Mutations in the hepatocyte nuclear factor-1 α gene in maturity-onset diabetes of the young (MODY 3). *Nature* 384:455-558, 1996
36. Froguel P, Vaxillaire M, Sun F, Velho G, Zouali H, Butel MO, Lesage S, Vionnet N, Clement K, Fougerousse F, et al.: Close linkage of glucokinase locus on chromosome 7p to early-onset non-insulin-dependent diabetes mellitus. *Nature* 356:162-164, 1992
37. Vionnet N, Stoffel M, Takeda J, Yasuda K, Bell GI, Zouali H, Lesage S, Velho G, Iris F, Passa P, et al.: Nonsense mutation in the glucokinase gene cause early-onset non-insulin-dependent diabetes mellitus. *Nature* 356:721-722 1992
38. Bell GI, Xiang K, Newman MV, Wu S, Wright LG, Fajans SS, Spielman RS, Cox NJ: Gene for non-insulin-dependent diabetes mellitus (maturity-onset diabetes of the young subtype) is linked to DNA polymorphism on human chromosome 20q. *procNatlAcadSci* 88:1484-1488, 1991
39. Yamagata K, Furuta H, Oda N, Kaisaki PJ, Menzel S, Cox NJ, Fajans SS, Signorini S, Stoffel M, Bell GI: Mutations in the hepatocyte factor-4 α gene in maturity-onset diabetes of the young (MODY). *Nature* 384:458-460. 1996
40. Reardon W, Ross RJM, Sweeney MG, Luxon LM, Pembrey ME, Harding AE, Trembath RC: Diabetes mellitus associated with a pathogenic point mutation in mitochondrial DNA. *Lancet* 340:1376-1379, 1992
41. Van den Ouwenland JMW, Lemkes HHPJ, Ruitenbeek W, Sandkuijl LA, de Vijlder MF, Struyvenberg PAA, van de Kamp, Maassen JA: Mutation in mitochondrial tRNA (Leu(URR)) gene in a large pedigree with maternally transmitted type 2 diabetes mellitus and deafness. *Nature Genet* 1:368-371, 1992
42. Kadowaki T, Kadowaki H, Mori Y, Tobe K, Sakuta R, Suzuki Y, Tanabe Y, Sakura H, Awata T, Goto Y, et al.: A subtype of diabetes mellitus associated with a mutation of mitochondrial DNA. *N Engl J Med* 330:962-968, 1994
43. Kahn CR, Flier JS, Bar RS, Archer JA, Gorden P, Martin MM, Roth J: The syndromes of insulin resistance and acanthosisnigrans. *N Engl J Med* 294:739-745, 1976
44. Taylor SI: Lilly Lecture: molecular mechanisms of insulin resistance: lessons from patients with mutations in the insulin-receptor gene. *Diabetes* 41:1473-1490, 1992
45. Schwartz SS, Zeidler A, Moossa AR, Kuku SF, Rubenstein AH: A

- prospective study of glucose tolerance, insulin, C-peptide, and glucagon response in patients with pancreatic carcinoma. *Digestive Dis* 23:1107-1114, 1978
46. Cersosimo E, Pister PWT, Pesola G, McDermott K, Bajorunas D, Brennan MF: Insulin secretion and action in patients with pancreatic cancer. *Cancer* 67:486-493, 1991
 47. Larsen S, Hilsted J, Tronier B, Worning H: Metabolic control and B cell function in patients with insulin-dependent diabetes mellitus secondary to chronic pancreatitis. *Metabolism* 36:964-967, 1987
 48. Soffer LJ, Iannaccone A, Gabrilove JL: Cushing's syndrome. *Am J Med* 30:129-146, 1961
 49. Jadresic A, Banks LM, Child DF, Diamant L, Doyle FH, Fraser TR, Joplin GF: The acromegaly syndrome. *J Med* 202:189-204, 1982
 50. Stenstrom G, Ernest I, Tisell L: Long term results in 64 patients operated upon for pheochromocytoma. *Acta Med Scan* 223:345-352, 1988
 51. Berelowitz M, Eugene HG: Non-insulin dependent diabetes mellitus secondary to other endocrine disorders. In *Diabetes Mellitus*. LeRoith D, Taylor SI, Olefsky JM, Eds. New York, Lippincott-Raven, 1996, p.496-502
 52. Conn JW: Hypertension, the potassium ion and impaired carbohydrate tolerance. *N Engl J Med* 273:1135-1143, 1965
 53. Pandit MK, Burke J, Gustafson AB, Minocha A, Peiris AN: Drug-induced disorders of glucose tolerance. *Ann Int Med* 118:529-540, 1993
 54. O'Byrne S, Feely J: Effects of drugs on glucose tolerance in non-insulin-dependent diabetes (part 1 and 2). *Drug* 40: 203-219, 1990
 55. Forrest, JA, Menser MA, Burgess JA: High frequency of diabetes mellitus in young patients with congenital rubella; *Lancet* ii:332-334, 1971
 56. King ML, Bidwell D, Shaikh A, Voller A, Banatvala JE: Coxsackie-B-virus-specific IgM responses in children with insulin-dependent (juvenile-onset; type 1) diabetes mellitus. *Lancet* i:1397-1399, 1983
 57. Karjalainen J, Knip M, Hyoty H, Linikki P, Ilonen J, Kaar M-L, Akerblom HK: Relationship between serum insulin antibodies, islet cell antibodies and Coxsackie-B4 and mumps virus-specific antibodies at the clinical manifestation of type 1 (insulin-dependent) diabetes. *Diabetologia* 31:146-152, 1988
 58. Pak CY, Eun H, McArthur RG, Yoon J: Association of cytomegalovirus-infection with autoimmune type 1 diabetes. *Lancet* ii:1-4, 1988

59. Solimena M, Folli, Aparisi R, Pozza G, De Camilli P: Autoantibodies to GABA-nergic neurons and pancreatic beta cells in stiffman syndrome. *N Engl J Med* 41: 347-353, 1992
60. Rimoin DL: Genetic syndromes associated with glucose intolerance. In *The Genetics of Diabetes Mellitus*. Berlin Springer-Verlag, 1976
61. Barrett TG, Bunday SE, Macleod AF: Neurodegeneration and diabetes: UK nation wide study of Wolfrum (DIDMOAD) syndrome. *Lancet* 346:1458-1463, 1995
62. Langer O, Rodriguez DA, Xenakis EMJ, McFarland MB, Berkus MD, Arrendondo F: Intensified versus conventional management of gestational diabetes. *Am J ObstetGynecol* 170:1036-1047, 1994
63. Magee MS, Walden CE, Benedetti TJ: Influence of diagnostic criteria on the incidence of gestational diabetes and perinatal morbidity. *JAMA* 269:609-615, 1993
64. Cousins L: Obstetric complications. In *Diabetes Mellitus and Pregnancy: Principles and Practice*. 2nded. New York, Churchill Livingstone, 1995, p. 455-468
65. O'Sullivan JB, Mahan CM: Criteria for the oral glucose tolerance test in pregnancy. *Diabetes* 13:278, 1964
66. Brown IR, McBain AM, Chalmers J, Campbell IW, Brown ER, Lewis MJ. Sex difference in the relationship of calcium and magnesium excretion to glycaemic control in type-1 diabetes mellitus. *ClinChimActa* 1999;283:119-28
67. Cunningham JJ, Fu A, Mearkle PL, Brown RG. Hyperzincure in individuals with insulin-dependent diabetes mellitus: concurrent zinc status and effect of high dose zinc supplementation. *Metabolism* 1994;43(12):1558-62.
68. Gallery P. Advanced glycation end products (AGEs), free radicals and diabetes. *J Soc Biol* 2001;195(4):387-90.
69. Abou-Seif MAM, Youssef H. Oxidative stress and male IGF1, gonadotropin and related hormones in diabetic patients. *ClinChem Lab Med* 2001;39(7):618-23.
70. Paterson J, Pettegrew A, Dominiczak MH, Small M. Screening for hyperlipidaemia in diabetes mellitus. Relation to glycemic control. *NnClinBiochem* 1991;28:254-8.
71. Lopes-Virella MF, Virella G. Lipoproteins and immune response in the vascular wall and their contribution to atherosclerosis in diabetes. *Metabolism* 1992;4(5):11-5.
72. Velazquez E, Winocour PH, Kesteven P, Alberti KG, Laker MF. Relation of lipid peroxides to

- macrovascular disease in type 2 diabetes. *Diabet Med* 1991;8:752-8.
73. Moncdo S, Palmer RMJ, Higgs EA. Nitric oxide: physiology, pathophysiology and pharmacology. *Pharmacol Rev* 1991;43:109-42.
74. Hardt PD, Killinger A, Nalop J, Schnell-Kretschmer H, Zekorn T, Klor HU. Chronic pancreatitis and diabetes mellitus. A retrospective analysis of 156 ERCP investigations in patients with insulin-dependent and non-insulin-dependent diabetes mellitus. *Pancreatology* 2002;2(1):30-3
75. Zhou, H., Yuen, P.S., Pisitkun, T., Gonzales, P. A., Yasuda, H., Dear, J. W., Gross, P., Knepper, M. A., and Star, R. A. (2006) Collection, storage, preservation, and normalization of human urinary exosomes for biomarker discovery. *Kidney Int.* 69, 1471-1476
76. Christensen, E. I., and Birn, H. (2001) Megalin and cubilin: synergistic endocytic receptors in renal proximal tubule. *Am. J. Physiol.* 280, F562-F573
77. Christensen, E. I. (2002) Pathophysiology of protein and vitamin handling in the proximal tubule. *Nephrol. Dial. Transplant.* 17, Suppl. 9, 57-58
78. Pisitkun, T., Shen, R. F., and Knepper, M. A. (2004) Identification and proteomic profiling of exosomes in human urine. *Proc. Natl. Acad. Sci. U. S. A.* 101, 13368-13373
79. American diabetes association diabetic nephropathy diabetic care 2002; 25 (supplement)
80. Group TMCS (the Microalbuminuria Collaborative Study Group). Predictors of the development of microalbuminuria in patients with Type 1 diabetes mellitus: a seven-year prospective study. *Diabet Med* (1999) 16:918-925.
81. Caramori ML, Fioretto P, Mauer M. The need for early predictors of diabetic nephropathy risk: is albumin excretion rate sufficient? *Diabetes* (2000) 49:1399-1408.
82. Tomino Y, Suzuki S, Azushima C, et al. Asian multicenter trials on urinary type IV **collagen** in patients with **diabetic nephropathy**. *J Clin Lab Anal* (2001) 15:188-192.
83. Koshimura J, Fujita H, Narita T, et al. Urinary adiponectin excretion is increased in patients with overt diabetic nephropathy. *Biochem Biophys Res Commun* (2004) 316:165-169.
84. Fujita H, Morii T, Koshimura J, et al. Possible relationship between adiponectin and renal tubular injury in diabetic nephropathy. *Endocr J* (2006) 53:745-752.
85. DallaVestra M, Masiero A, Roiter AM, et al. Is podocyte injury

- relevant in diabetic nephropathy? Studies in patients with type 2 diabetes. *Diabetes* (2003) 52:1031–1035.
86. Nakamura T, Ushiyama C, Suzuki S, et al. Urinary excretion of podocytes in patients with diabetic nephropathy. *Nephrol Dial Transplant* (2000) 15:1379–1383.
87. Turk N, Mornar A, Mrzljak V, et al. Urinary excretion of advanced glycationendproducts in patients with type 2 diabetes and various stages of **proteinuria**. *Diabetes Metab* (2004) 30:187–192.
88. Ha SW, Kim HJ, Bae JS, et al. Elevation of urinary betaig-h3, transforming growth factor-beta-induced protein in patients with type 2 diabetes and nephropathy. *Diabetes Res ClinPract* (2004) 65:167–173.
89. Cha DR, Kim IS, Kang YS, et al. Urinary concentration of transforming growth factor-beta-inducible gene-h3(beta ig-h3) in patients with Type 2 diabetes mellitus. *Diabet Med* (2005) 22:14–20.
90. D.Cvoriscec, A.Stavljenic and M.Radonic, *JClin. Chem. Biochem.*, 23(1985)177
91. Hypertension in Diabetes Study (HDS): increased risk of cardiovascular complications in hypertensive type 2 diabetic patients. *J Hypertens* 11:319-325, 1993
92. Hansson L, Zanchetti A, Carruthers SG, Dahlof B, Elmfeldt D, Julius S, Menard J, Rahn KH, Wedel H, Westerling S: Effects of intensive blood-pressure lowering and low-dose aspirin in patients with hypertension: principal results of the Hypertension Optimal Treatment (HOT) randomized trial. *Lancet* 351:1755-1762, 1998
93. Krolewski AS, Warram JH, Chrislieb A, Busick RJ, Kahn CR: The changing natural history of nephropathy in type 1 diabetes. *Am J Med* 78:785-794, 1985
94. Mehler PS, Jeffers BW, Estacio R, Schrier RW: Association of hypertension and complications in non-insulin dependent diabetes mellitus. *Am J Hypertens* 10:152-161, 1997
95. Parving HH, Andersen AR, Smidt UM, Hommel E, Mathiesen ER, Svendsen PA: Effect of antihypertensive treatment on kidney function in diabetic nephropathy. *BMJ* 294:1443-1452, 1987
96. Parving H, Hommel E: Prognosis in diabetic nephropathy. *BMJ* 299:230-233, 1989
97. Niaura R, Banks SM, Ward KD, et al. hostility and metabolic syndrome in older males. The normative aging study. *Psych Som Med* 2000; 62:7-16
98. Molitch ME, DeFronzo RA, Franz MJ, Keane WF, Mogensen CE,

- Parving HH, Steffes MW: Nephropathy in diabetes (position statement). *Diabetes Care* 27 (Suppl 1):S79-S83, 2004
99. Donnelly R. Microalbuminuria: a therapeutic goal in patients with type 2 diabetes. *Presse Med* 2002; 31:S9-S12.
100. Augustine J, Donald G. diabetic nephropathy (2003) [online article], The Cleveland Clinic, Department of nephrology and Hypertension, The Cleveland Health Foundation, United States.
101. (U.S.Renal Data system, US RDS 2001 Annual Data report (2002).